

PHYSICAL SKILLS REPORT

date of testing: **12/2020**

The number represents percentile. In this case, it means that the player is better than 93% of all players in the same age group.

Navara

FIFA TEST

age: **15** weight: **65 kg** height: **175 cm** dominance: **left-handed** position: **defender**

Comparison to football players of the same age and gender

Speed

30 m sprint

4.0
s

93
%

Strength Endurance

Reduced sit-ups

89
reps

73
%

Agility

T-run

11.0
s

60
%

Explosiveness

Triple Jump

790
cm

97
%

Aerobic Capacity

1000m run

4:01
min

23
%

Coordination

Vault Test

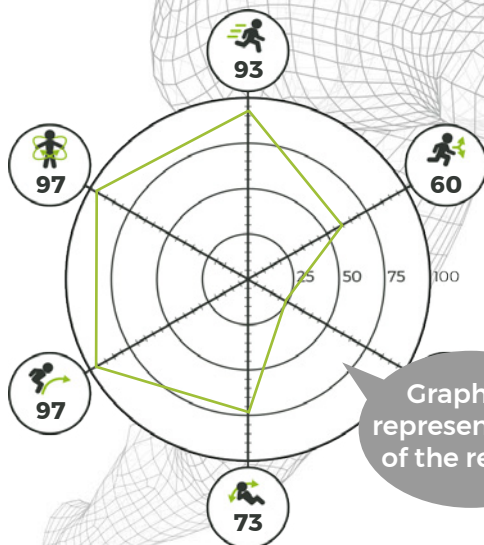
16.0
s

97
%

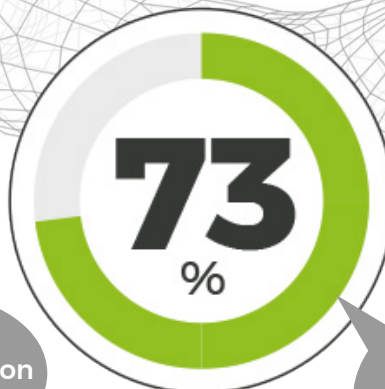
Analysis of Physical Skills

ProFútbolAnalytics Physical Skills Score

The recommendations for improvement are based on the poorest results.



Graphical representation of the results.



Aerobic Capacity



Agility



The average score from all the physical disciplines.

